# Bioactivity of M<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> (M=Na, K) Glasses: An *In vitro* Evaluation

Hyun-Min Kim, Fumiaki Miyaji, Tadashi Kokubo,\* Masahiko Kobayashi,† and Takashi Nakamura†

Department of Material Chemistry, Faculty of Engineering, Kyoto University, Kyoto 606-01 †Department of Orthopaedic Surgery, Faculty of Medicine, Kyoto University, Kyoto 606-01

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The formation of biologically active bonelike apatite on the surfaces of glasses and glass-ceramics is an essential condition for their bonding living bone. In the present study, apatite formation on the surfaces of  $M_2O$ - $TiO_2$ - $SiO_2$  (M= $N_a$ , K) glasses was examined in a simulated body fluid with ion concentrations nearly equal to those of human blood plasma in order to evaluate their bioactivity. While none of the  $Na_2O$ - $TiO_2$ - $SiO_2$  ternary glasses formed the surface apatite,  $K_2O$ - $TiO_2$ - $SiO_2$  glasses, not only as  $SiO_2$ -rich glasses but also as  $TiO_2$ -rich glasses, formed the apatite. The alkali ions in the glasses exchanged with  $H_3O^+$  ions in the fluid. The  $TiO_2$ -rich or  $SiO_2$ -rich hydrogel which was formed on the surfaces of the glasses induced apatite nucleation. The increased degree of the supersaturation of the fluid with respect to the apatite due to the increase in pH provided favorable conditions for apatite nucleation. This indicates that alkali titanates as well as alkali silicates can be basic components of bioactive glasses.

It has been shown for various kinds of glasses, glass-ceramics, and sintered ceramics that an essential requirement for them to bond to living bone is the formation of a biologically active bonelike apatite on their surfaces in the living body. <sup>1–10)</sup> In addition, it has also been shown for various kinds of bone bonding, i. e. bioactive glasses, glass-ceramics, and sintered ceramics, that bonelike apatite can be reproduced on their surfaces even in an acellular simulated body fluid with ion concentrations nearly equal to those of human blood plasma. <sup>11–16)</sup> Therefore, it is believed that the bioactivity of a material can be evaluated *in vitro* by examining apatite formation on its surface in a simulated body fluid.

It has been generally assumed hitherto that glasses and glass-ceramics showing bioactivity should contain both calcium and phosphorus oxides in their compositions to form an apatite on their surface in the living body. The present authors, however, recently showed that even P<sub>2</sub>O<sub>5</sub>-free Na<sub>2</sub>O-SiO<sub>2</sub> and CaO-SiO<sub>2</sub> glasses form bonelike apatite on their surfaces *in vitro* and *in vivo*.<sup>7,14,15,17)</sup> The authors also showed that TiO<sub>2</sub> gel as well as SiO<sub>2</sub> gel prepared by a sol–gel process induced apatite formation on its surface *in vitro*.<sup>18–21)</sup> In view of these facts, alkali titanate glasses are also expected to form bonelike apatite on their surfaces in the body environment.

The purpose of the present study is to evaluate the bioactivity of alkali titanate glasses *in vitro*. The alkali titanate binary systems, however, form glasses only in a narrow compositional region. Therefore, in the present study, the bioactivity of glasses were investigated in the  $M_2O-TiO_2$  (M=Na or K) systems with added  $SiO_2$  by examining bonelike apatite formation on their surfaces in a simulated body fluid with ion concentrations nearly equal to those of human blood plasma.

The compositional dependence of the apatite formation of the glasses is discussed in terms of the surface reaction of the glasses in the fluid.

### **Experimental**

**Preparation of Glasses.** Some ternary glasses on the tie lines  $2M_2O \cdot 3TiO_2 - SiO_2$  and  $2M_2O \cdot 3SiO_2 - TiO_2$  (M=Na~or~K) in the  $Na_2O - TiO_2 - SiO_2^{22)}$  and  $K_2O - TiO_2 - SiO_2^{23)}$  systems, some glasses in the  $M_2O - TiO_2$  and  $M_2O - SiO_2$  systems, all of which are shown in Fig. 1, and a quaternary glass  $16Na_2O \cdot 16K_2O \cdot 48TiO_2 \cdot 20SiO_2$  in mol% (NKT20) were prepared by the following method. Powder mixtures of the corresponding compositions were prepared by using reagent-grade  $Na_2CO_3$ ,  $K_2CO_3$ ,  $SiO_2$ , and  $TiO_2$ , and melted in a platinum crucible at  $1450 - 1550\,^{\circ}C$  for 1~h. The melts were poured on a brass plate to be formed into glass plates 0.5 mm thick, and annealed at  $500\,^{\circ}C$ . The obtained glasses were cut into  $8 \times 8 \times 0.5$  mm³ in size, polished with  $3 - 4~\mu m \phi$  diamond paste, and washed with acetone in an ultrasonic cleaner.

Bioactivity Evaluation *In vitro*. Each specimen was immersed in 15 mL of an acellular simulated body fluid (SBF) having pH and ion concentrations almost equal to those of human blood plasma (Table 1). The fluid was prepared by dissolving reagent-grade NaCl, NaHCO<sub>3</sub>, KCl, K<sub>2</sub>HPO<sub>4</sub>·3H<sub>2</sub>O, MgCl<sub>2</sub>·6H<sub>2</sub>O, CaCl<sub>2</sub>, and Na<sub>2</sub>SO<sub>4</sub> into distilled water, and was buffered at pH 7.25 with aminotris (hydroxymethyl) methane ((CH<sub>2</sub>OH)<sub>3</sub>CNH<sub>2</sub>) and hydrochloric acid (HCl) at 36.5 °C. It was previously shown that apatite formation on the surfaces of bioactive glasses and glass-ceramics *in vivo* can be reproduced fairly precisely in this fluid. 4—8.11,17)

Analyses of Specimen Surface and SBF. After soaking in SBF for various periods, the specimens were removed from the fluid and washed with acetone. Surface structural changes of the specimens were examined by thin-film X-ray diffraction (TF-XRD: Model 2651 A1, Rigaku, Japan), Fourier-transform infrared reflection spectroscopy (FT-IRRS: Model 5M, JASCO, Japan), and scan-

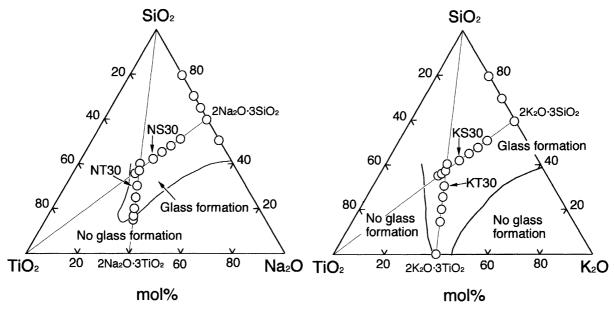


Fig. 1. Compositions of glasses examined in the present study. NS30: 28Na<sub>2</sub>O·30TiO<sub>2</sub>·42SiO<sub>2</sub> in mol%; NT30: 28Na<sub>2</sub>O·42TiO<sub>2</sub>·30SiO<sub>2</sub> in mol%; KS30: 28K<sub>2</sub>O·30TiO<sub>2</sub>·42SiO<sub>2</sub> in mol%; KT30: 28K<sub>2</sub>O·42TiO<sub>2</sub>·30SiO<sub>2</sub> in mol%.

Table 1. Ion Concentrations and pH of Simulated Body Fluid (SBF) and Those of Blood Plasma

Ion	Concentration (mM)	
	SBF	Blood plasma
Na <sup>+</sup>	142.0	142.0
$K^{+}$	5.0	5.0
$Mg^{2+}$ $Ca^{2+}$	2.5	2.5
Ca <sup>2+</sup>	1.5	1.5
Cl <sup>-</sup>	148.8	103.0
$HCO_3^-$	4.2	27.0
$\mathrm{HPO_4}^{2-}$	1.0	1.0
$SO_4^{2-}$	0.5	0.5
pН	7.25	7.20—7.40

ning electron microscopy (SEN: Model S2500CX, Hitachi, Japan) equipped with energy-dispersive X-ray spectroscopy (EDX: Model EMAX3700, Horiba, Japan). Changes in element concentrations and pH of SBF due to immersion of specimens were measured by inductively-coupled plasma (ICP) atomic emission spectroscopy (Model SPS1500, Seiko Inst., Japan) and a pH meter (Model P-14, Horiba, Japan).

#### **Results and Discussion**

Figures 2, 3, 4, and 5 show the TF-XRD and FT-IRRS patterns of the surfaces of some Na<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> ternary and K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> ternary glasses, which are denoted in Fig. 1, soaked in SBF for various periods. Figure 6 shows those of a Na<sub>2</sub>O-K<sub>2</sub>O-SiO<sub>2</sub>-TiO<sub>2</sub> quaternary glass. The main peaks in the TF-XRD patterns of the K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> and Na<sub>2</sub>O-K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> glasses were ascribed to hydroxyapatite according to Powder Diffraction Data File No. 9-0432. Peaks in the FT-IRRS patterns at about 450 and 1100 cm<sup>-1</sup> were assigned to Si-O-Si bending and Si-O stretching, respectively, and those at about 950 cm<sup>-1</sup> to Ti-O-Si

bonds.<sup>25)</sup> Peaks in the FT-IRRS patterns at about 600 and 1050 cm<sup>-1</sup> for KS30, KT30, and NKT20 glasses after soaking for 3 d were ascribed to an amorphous calcium phosphate, and combination of two peaks at about 570 and 610 cm<sup>-1</sup> and at about 1050 and 1120 cm<sup>-1</sup> for these glasses after further soaking to a crystalline apatite. <sup>6,14—17)</sup> The presence of a peak at about 1450 cm<sup>-1</sup> due to C-O bonds in the IRRS patterns of these glasses indicates that the apatite formed on the surfaces of these glasses is a bone-like carbonate-containing apatite. $^{6,14-17,26,27)}$  It can be seen from Figs. 2, 3, 4, 5, and 6 that bonelike carbonate-containing apatite is formed on the surfaces of the K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> and Na<sub>2</sub>O-K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> glasses through an amorphous calcium phosphate within 1 week and grows with further soaking in SBF, whereas it was not formed on the Na<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> glasses even after soaking for 4 weeks.

Apatite formation was also examined for other glasses in Fig. 1 similarly. The results after soaking in SBF for 4 weeks are summarized in the Na<sub>2</sub>O–TiO<sub>2</sub>–SiO<sub>2</sub> and K<sub>2</sub>O–TiO<sub>2</sub>–SiO<sub>2</sub> compositional triangles in Fig. 7. Most of M<sub>2</sub>O–SiO<sub>2</sub> and M<sub>2</sub>O–TiO<sub>2</sub> (M=Na, K) binary and ternary glasses having near-binary compositions showed too high surface reactivity in SBF, and thus dissolved into the fluid. It can be seen from Fig. 7 that none of Na<sub>2</sub>O–TiO<sub>2</sub>–SiO<sub>2</sub> ternary glasses from the apatite, whereas ternary K<sub>2</sub>O–TiO<sub>2</sub>–SiO<sub>2</sub> glasses formed it on their surfaces. It should be noted that not only SiO<sub>2</sub>-rich glass but also TiO<sub>2</sub>-rich glass formed the apatite in the K<sub>2</sub>O–TiO<sub>2</sub>–SiO<sub>2</sub> system.

Figures 8 and 9 show changes in pH and element concentrations of SBF with soaking of the  $Na_2O$ -containing (NS30 and NT30) and the  $K_2O$ -containing (KS30 and KT30) glasses, respectively. Only slight increases in Na concentration and pH are observed in the initial stage of the soaking and no changes in Ca and P concentrations were seen for the  $Na_2O$ -containing glasses. On the other hand, the  $K_2O$ -

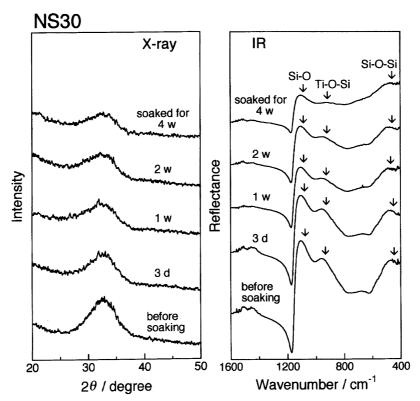


Fig. 2. TF-XRD and FT-IRRS patterns of the surface of NS30 glass before and after soaking in SBF for various periods.

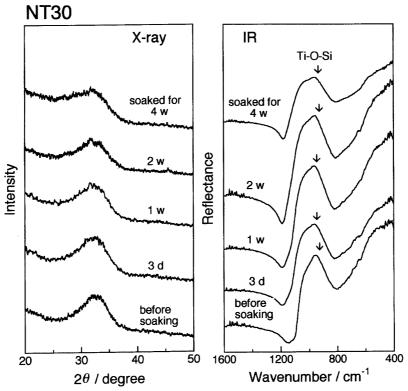


Fig. 3. TF-XRD and FT-IRRS patterns of the surface of NT30 glass before and after soaking in SBF for various periods.

containing glasses showed appreciable increases in K concentration and pH in the initial stage of the soaking and appreciable decreases in Ca and P concentrations for a long period. The former increases are attributed to ion exchange of  $K^+$  ions in the glasses with  $H_3{\rm O}^+$  ions in the fluid.  $^{28)}$  The

latter decreases are attributed to apatite formation on the surfaces of glasses consuming calcium and phosphate ions from the fluid.

Figure 10 shows the SEM-EDX profiles of the cross-sections of KS30 and KT30 glasses soaked in SBF for 2 weeks.

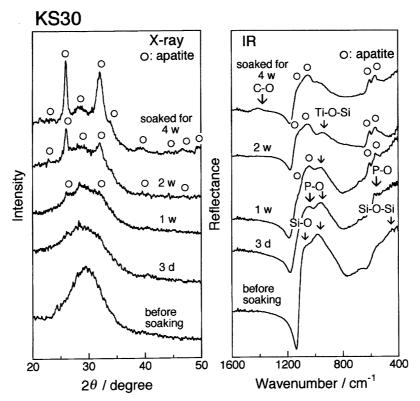


Fig. 4. TF-XRD and FT-IRRS patterns of the surface of KS30 glass before and after soaking in SBF for various periods.

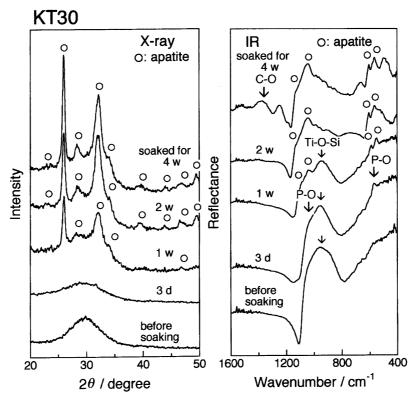


Fig. 5. TF-XRD and FT-IRRS patterns of the surface of KT30 glass before and after soaking in SBF for various periods.

Changes in the compositional profiles from the glass bulks to the surfaces indicate that two kinds of layers with different compositions are formed near the surfaces of the glasses due to soaking in SBF. One is the outermost surface layer rich in Ca and P. The other is a layer rich in Si or Ti and poor in K, which is located beneath the Ca- and P-rich layer. The Ca- and P-rich layer corresponds to the apatite layer detected by TF-XRD in Figs. 4 and 5. The Si- or Ti-rich layer is considered to be formed by ion exchange of  $K^+$  ions in the glasses with  $H_3O^+$  ions in SBF.

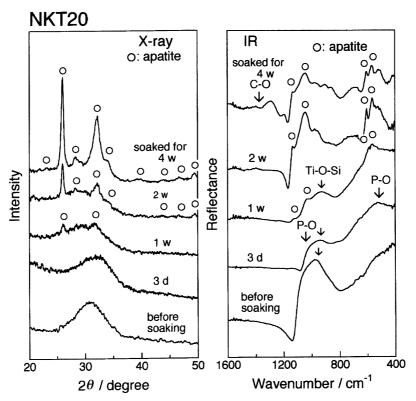


Fig. 6. TF-XRD and FT-IRRS patterns of the surfaces of NKT20 glass before and after soaking in SBF for various periods.

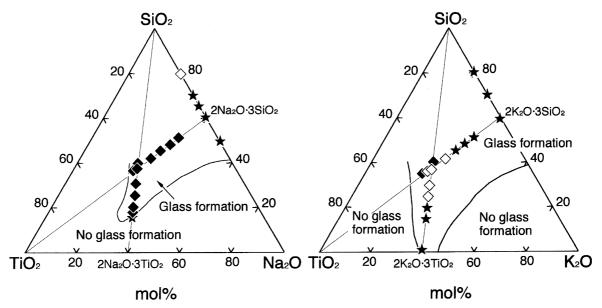


Fig. 7. Compositional dependence of apatite formation on the surfaces of Na<sub>2</sub>O−TiO<sub>2</sub>−SiO<sub>2</sub> and K<sub>2</sub>O−TiO<sub>2</sub>−SiO<sub>2</sub> glasses after soaking in SBF for 4 weeks (♦: apatite formation, ♦: no apatite formation, ★: dissolution).

From these results, the reason why  $K_2O-TiO_2-SiO_2$  glasses formed the bonelike apatite layer on their surfaces, but  $Na_2O-TiO_2-SiO_2$  glasses did not, is explained as follows. When exposed to SBF,  $K_2O-TiO_2-SiO_2$  glasses first release  $K^+$  ions into the fluid via ion exchange with  $H_3O^+$  ions. This gives an SBF pH increases and formation of a  $TiO_2$ -rich or  $SiO_2$ -rich hydrogel on the surfaces of the glasses. Although the SBF is already metastably supersaturated with respect to the apatite even under normal conditions,  $^{15,24,29)}$ 

the pH increase gives rise to a further increase in the degree of supersaturation of SBF with respect to the apatite. Under these favorable conditions, the  $TiO_2$ -rich or  $SiO_2$ -rich hydrogel induces apatite nucleation.<sup>20)</sup> As a result, a large number of apatite nuclei are formed on the surfaces of the glasses. Once the apatite nuclei are formed, they spontaneously grow into a bonelike apatite by consuming the calcium and phosphate ions from the surrounding fluid. On the other hand, although a  $Na_2O$ - $SiO_2$  binary glass forms the apatite via

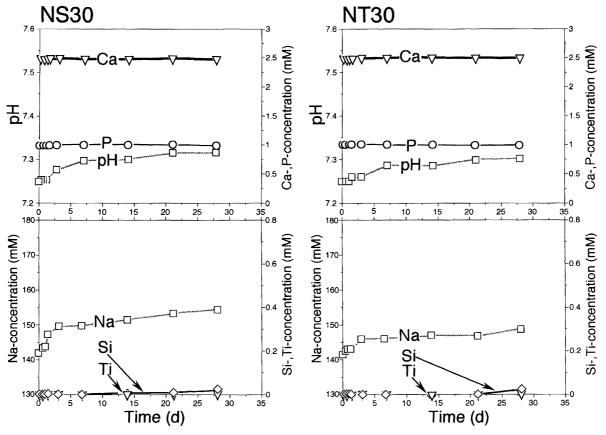


Fig. 8. Changes in pH and element concentrations of SBF with soaking of NS30 and NT30 glasses.

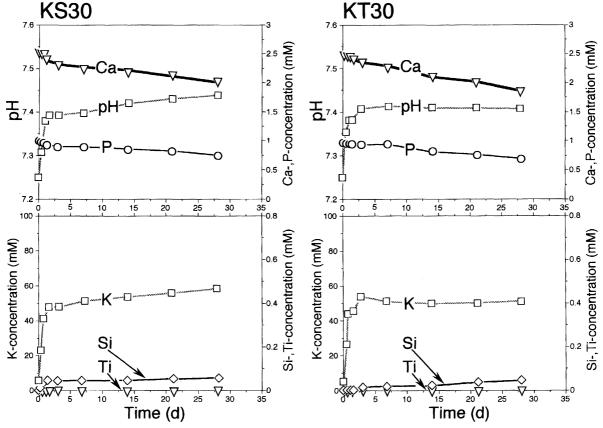


Fig. 9. Changes in pH and element concentrations of SBF with soaking of KS30 and KT30 glasses.

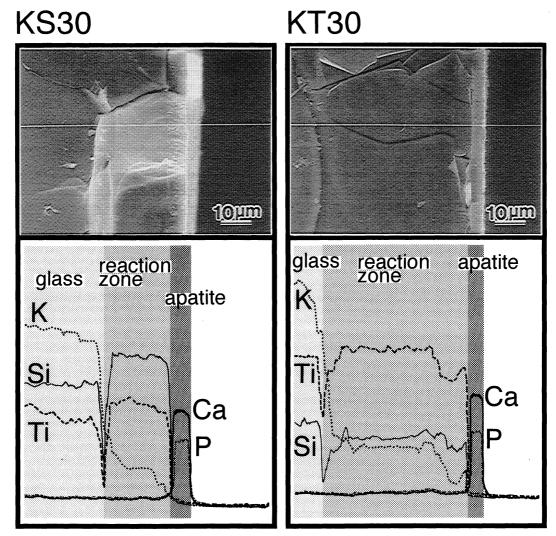


Fig. 10. SEM-EDX profiles of the cross-sections of KS30 and KT30 glasses soaked in SBF for 2 weeks.

Na<sup>+</sup> ion release resulting in SiO<sub>2</sub> hydrogel formation and an SBF pH increase, Na<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> ternary glasses rarely release Na<sup>+</sup> ions due to the addition of TiO<sub>2</sub>. Therefore, the degree of the supersaturation of SBF with respect to the apatite scarcely increases, and a TiO2-rich or SiO2-rich hydrogel, which can induce apatite nucleation, is also scarcely formed. Consequently, an apatite layer is not formed on the surfaces of Na<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> glasses. In the case of Na<sub>2</sub>O-K<sub>2</sub>O-TiO<sub>2</sub>-SiO<sub>2</sub> glasses, Na<sup>+</sup> ions as well as K<sup>+</sup> ions are released, and hence an apatite layer is formed on their surfaces. Although  $M_2O-TiO_2$  (M = Na, K) binary glasses dissolved into SBF after soaking for 4 weeks, it can be seen from the tie line  $2K_2O \cdot 3TiO_2 - SiO_2$  in Fig. 7 that the glasses showed an apatite-forming ability with decreasing SiO<sub>2</sub> content. This indicates that the M<sub>2</sub>O-TiO<sub>2</sub> binary glasses could form the apatite on their surfaces in an early soaking period in SBF, but this then dissolved into the fluid.

As already mentioned, glasses which form the bonelike apatite layer on their surfaces in SBF can form the same layer even in a living body and bond to living bone.<sup>4,8,11—17)</sup> The present results indicate that alkali titanates as well as alkali silicates can be a basic composition for bioactive glasses.

#### **Conclusions**

The compositional dependence of apatite formation on the surfaces of  $M_2O$ – $TiO_2$ – $SiO_2$  (M = Na or K) glasses in SBF showed that not only  $SiO_2$ -rich glasses but also  $TiO_2$ -rich glasses form a bonelike apatite layer on their surfaces, when the rate of alkali ion release is high. Under these conditions, hydrated  $TiO_2$  or  $SiO_2$ , which can induce apatite nucleation, is formed and the increased degree of the supersaturation of the fluid with respect to the apatite provides favorable conditions for apatite nucleation. Therefore, it can be concluded that alkali titanates as well as alkali silicates can be basic components of bioactive glasses.

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